



Pathways

the power to change

Pathways is a researched, evidence based system that goes beyond recovery to a life of meaning and freedom. The system implements life principles that allow the client and their families to heal, strengthen and fully recover. Our philosophy is the cause is emotional, the signs are physical and the cure is inner healing, self-worth and spirituality. Our treatment team focuses on the client's strengths and their input in their recovery journey. All services are discovery, empowerment and solution based. We walk side by side with the client to assist them in obtaining the tools, skill, and ability to obtain a life of purpose and to be healthy and whole as men and women. Each client has a team of experts that provide the following services and any other service that may be in the client's best interest. The treatment team is available 24 hours a day and develops a recovery system that is tailored to address the individualized needs of the client.

- Intensive in-home client centered services with Master's level therapists
- Focused on client goals and description of needs
- Mental health assessment and treatment
- Recommendations for ongoing treatment
- Intensive family and couple therapy
- Intensive self esteem and empowerment therapy
- Psychotherapy
- Life coaching

- Drug and alcohol treatment services
- Supportive and real-life supportive therapy
- Drug and alcohol assessment with licensed treatment providers
- Real life problem solving
- Parent child supportive therapy
- Grief work
- Trauma therapy: trained EMDR therapists (Please see attached description)
- Family and group therapy
- Experiential therapy consisting of multiple traditional and alternative forms
- Equine therapy
- Referrals and assistance based on individual needs and goals
- Supportive attendance at all court hearings.
- Supportive attendance at all medical appointments
- Working with financial, housing and employments issues
- Parenting skills
- All based on empowerment and strength based perspectives
- Belief restructuring

A REAL-LIFE, REAL-TIME RECOVERY JOURNEY

For more information please contact
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